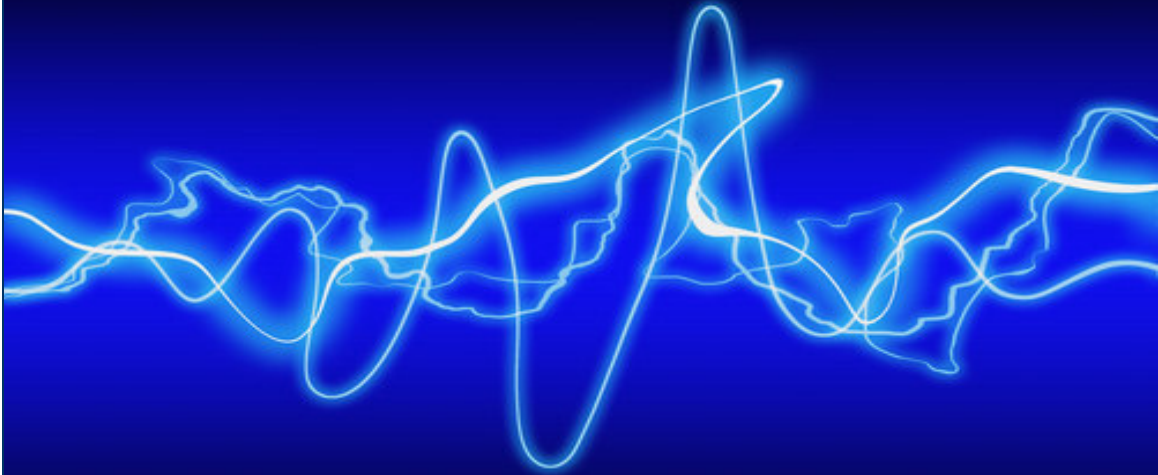


IT'S ALL ABOUT CHANGE



NLP – A TWO DAY COURSE

Neuro Linguistic Programming is rather like a handbook for the mind. The course gives us all an opportunity to better understand our own thoughts and behaviours and those of our clients and colleagues. To 're-programme' where appropriate and learn how we can change our behaviours, thoughts and attitudes to life.

In terms of our physical and mental health, we are what we feel, eat and think. We attract or repel certain happenings in life, often what we most fear or desire. NLP gives us tools to change these states and behaviours, change old habits and replace with behaviours that work better and more positively in our lives.

It also helps us to better understand our clients health problems, and gives us the tools to help them in conjunction with the SCIO or other healing modalities

Presented by **Deirdre Ward**

NLP - Masters in Neurosemantics (University of Potchefstroom)

NLP - Practitioner (University of Potchefstroom)

SCIO Practitioner

Date [Next Course Dates](#)

Price R950.00

Time 09h00 – 16h00

Venue 100% Health & Energy (map attached)

Lunch plus tea and biscuits provided on both days

Manual Provided

Phone 011 465 3070 to book your place